

Salut!

Hi!

Hallo!

Hello!

नमस्ते

Bonjour!

Olá!

Ciao!

您好

مرحبا



Pathophysiology of HUS: Role of Infection

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Prof. of Pediatrics, Mansoura Faculty of Medicine

Provost, University of Hertfordshire

Ex-President, Mansoura University

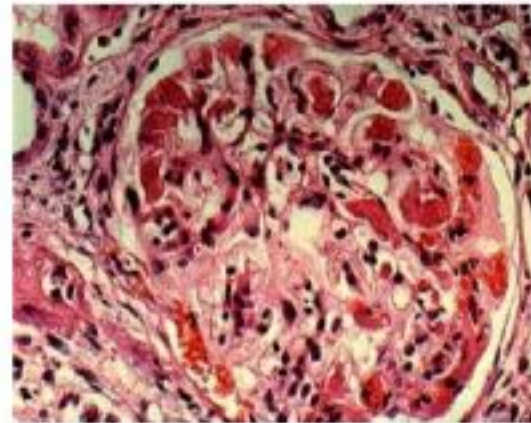
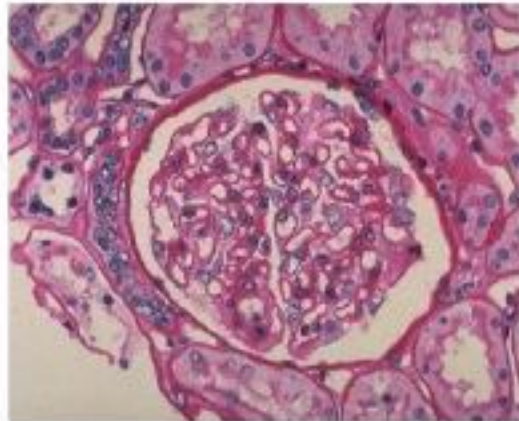
Consultant, Pediatric Nephrology, Mansoura

University Children's Hospital

Hemolytic Uremic Syndrome

A thrombotic microangiopathy manifesting with:

- Micro-angiopathic hemolytic anemia
- Thrombocytopenia
- Acute renal failure



Hemolytic uremic syndrome

Historical perspective

NCBI Resources ▾ How To ▾

PubMed.gov
US National Library of Medicine
National Institutes of Health

PubMed ▾

Limits Advanced

[Display Settings:](#) Abstract [Ser](#)

[Schweiz Med Wochenschr.](#) 1955 Sep 20;85(38-39):905-9.

[Hemolytic-uremic syndrome: bilateral necrosis of the renal cortex in acute acquired hemolytic anemia].

[Article in German]

[GASSER C](#), [GAUTIER E](#), [STECK A](#), [SIEBENMANN RE](#), [OECHSLIN R](#).

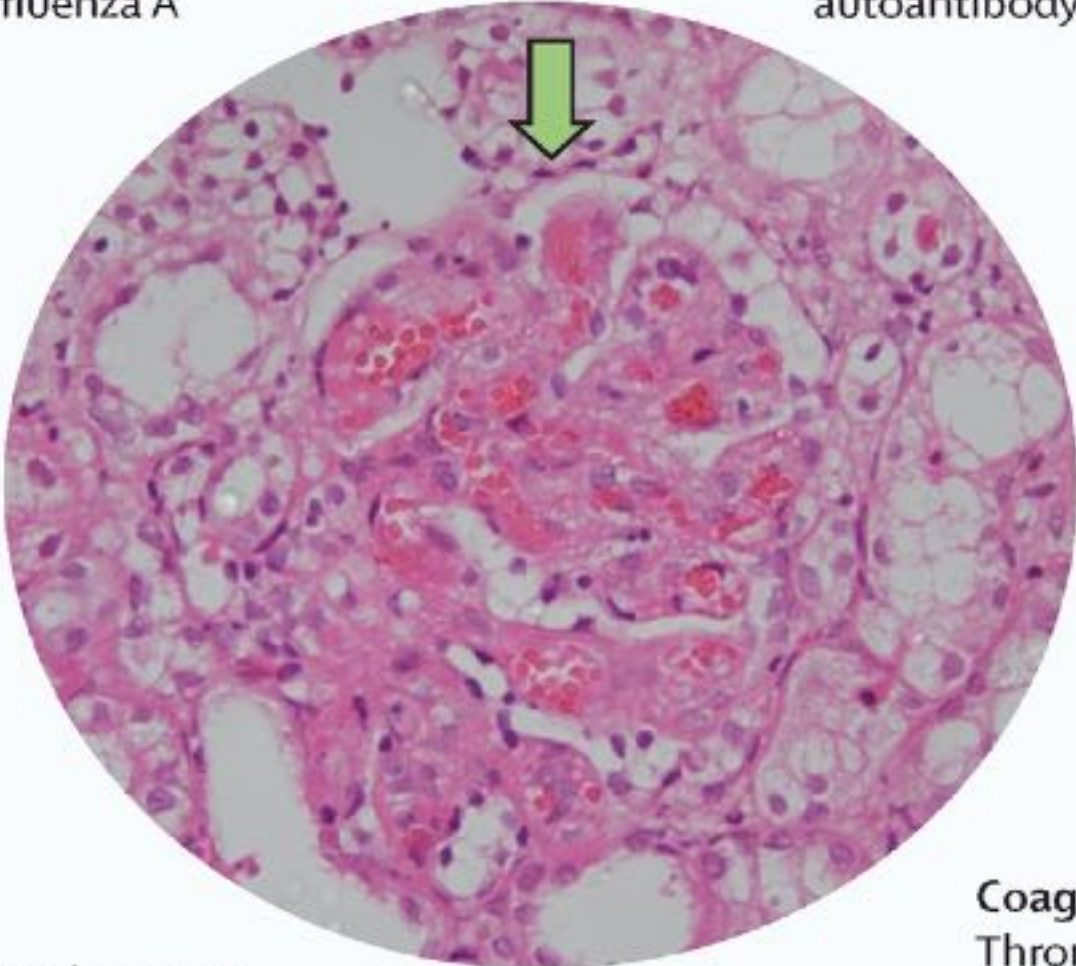
PMID: 13274004 [PubMed - OLDMEDLINE]

Typical



Infection-associated HUS
Shiga toxin-producing
Escherichia coli HUS
Streptococcus pneumoniae
H1N1/influenza A

Complement-mediated aHUS
Hereditary: mutations of *CFH*,
CFI, *C3*, *CFB*, *MCP* and *THBD*
Acquired: factor H
autoantibody-associated HUS



Non-complement-mediated aHUS
DGKE
WT1
G6PD

Metabolism-associated HUS
Cobalamin C disease
Methionine synthase
deficiency

Pregnancy-induced aHUS

Drug-induced aHUS

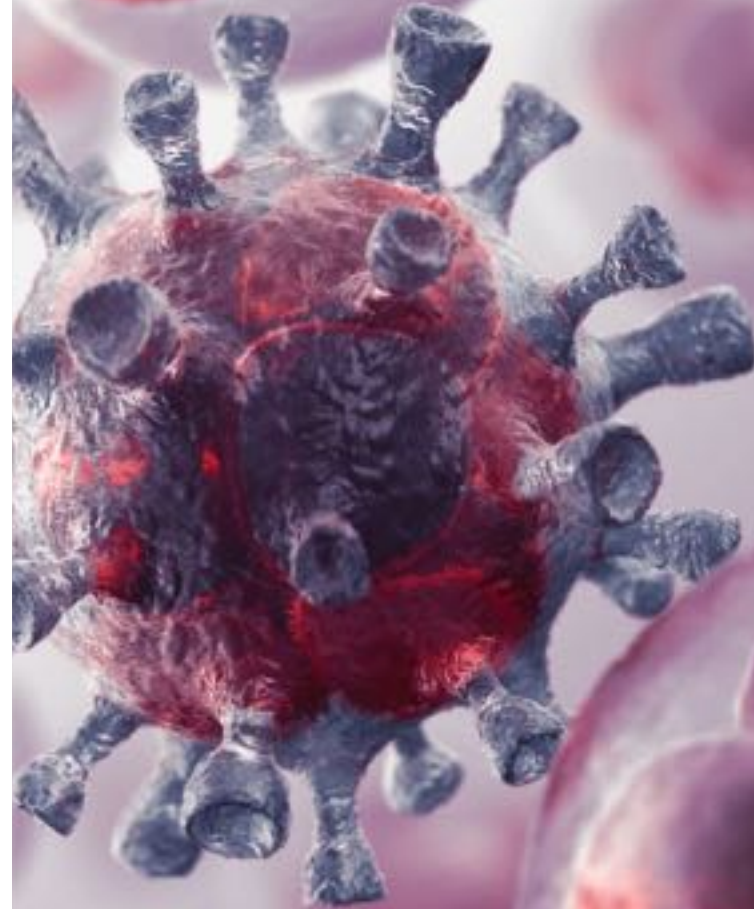
Coagulation-mediated aHUS
Thrombomodulin

Transplant-associated HUS
hematopoietic stem cell transplantation
thrombotic microangiopathy
organ transplantation thrombotic
microangiopathy

Secondary aHUS
Malignant hypertension
Complement-amplifying conditions

Infection-associated HUS Classification

- Shiga-toxin producing E-Coli (STEC)
- Streptococcal pneumoniae
- Others:
 - ❖ Shigella
 - ❖ Viral Infection: Influenza, HIV, COVID-19.....



STEC-
HUS

STEC-HUS

Historical perspective

The screenshot shows a PubMed search interface. At the top left is the PubMed logo. A search bar contains the text "The association between idiopathic hemolytic uremic syndrome and infection" with a search button to its right. Below the search bar are links for "Advanced", "Create alert", and "Create RSS". On the right side of the search bar area, there is a "User G" link. Below the search bar, a message states "Found 1 result for an alternative search." and "Your search for The association between idio... retrieved no results." To the right of this message are buttons for "Save", "Email", "Send to", and "Display options". The main content area displays a search result from "J Infect Dis." dated May 1985, with volume 151(5) and pages 775-82. The title of the article is "The association between idiopathic hemolytic uremic syndrome and infection by verotoxin-producing Escherichia coli". The authors listed are M A Karmali, M Petric, C Lim, P C Fleming, G S Arbus, and H Lior. The PMID is 3886804 and the DOI is 10.1093/infdis/151.5.775. On the right side of the result, there are "FULL TEXT LINKS" from "OXFORD ACADEMIC" and "ACTIONS" including "Cite" and "Collections" buttons.

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The association between idiopathic hemolytic uremic syndrome and infection X Search

Advanced Create alert Create RSS User G

Found 1 result for an alternative search.
Your search for The association between idio... retrieved no results.

Save Email Send to Display options

> J Infect Dis. 1985 May;151(5):775-82. doi: 10.1093/infdis/151.5.775.

The association between idiopathic hemolytic uremic syndrome and infection by verotoxin-producing Escherichia coli

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PMID: 3886804 DOI: 10.1093/infdis/151.5.775

FULL TEXT LINKS
OXFORD ACADEMIC

ACTIONS
Cite
Collections

Japan

65%

90%

Europe

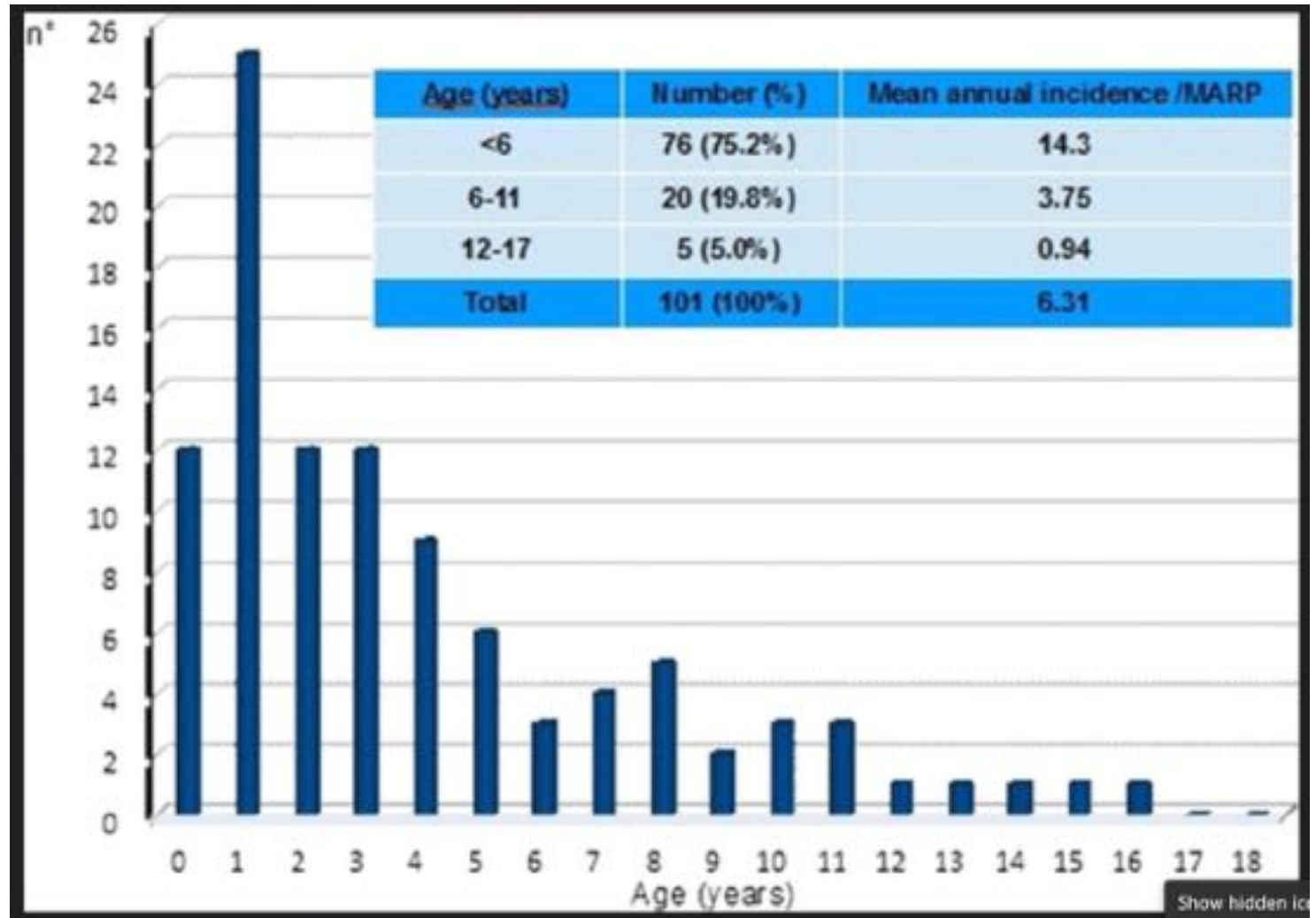
STEC-HUS in
children

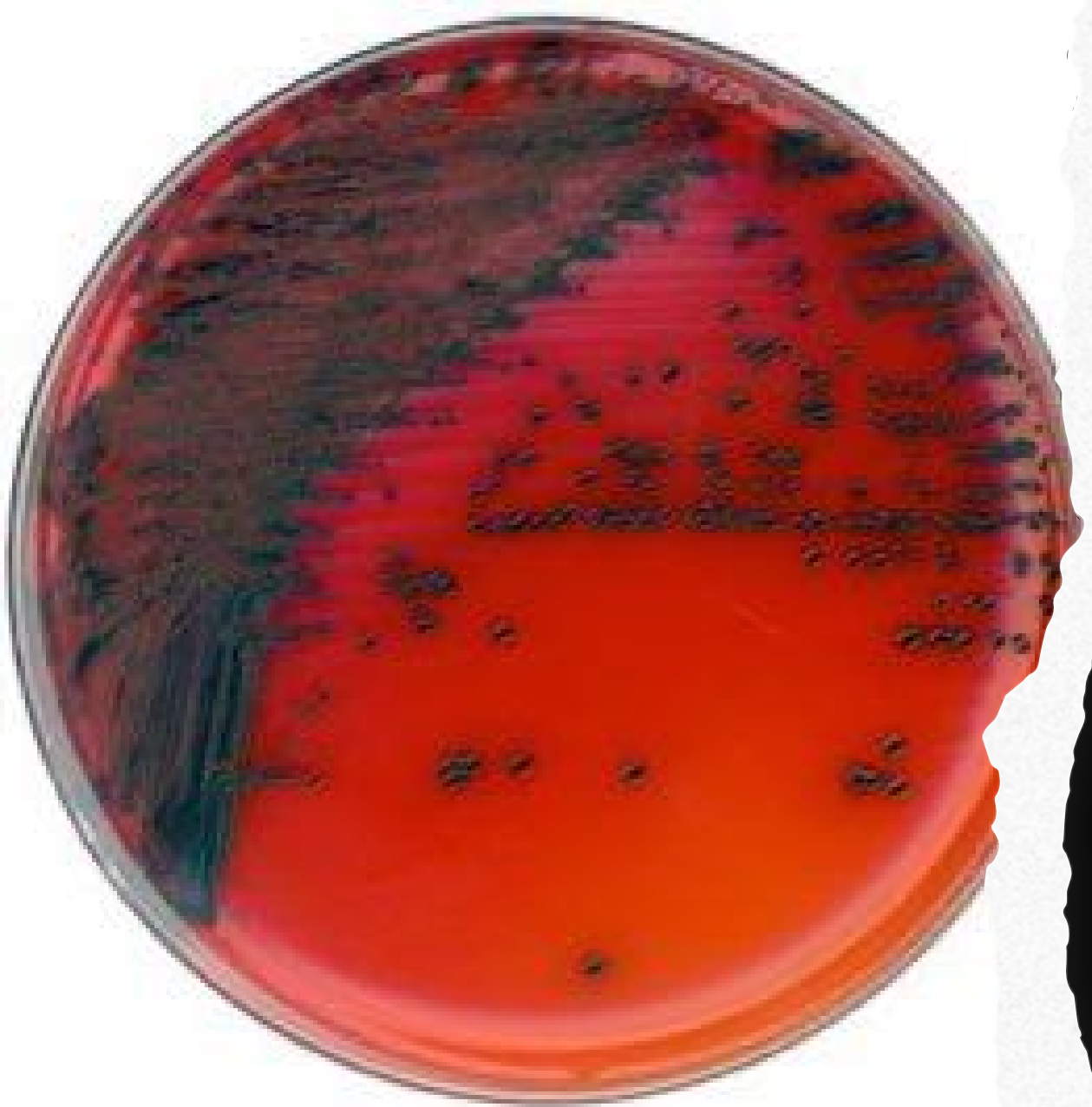
Incidence of HUS in STEC infections



Bruyand et al.; Médecine et maladies infectieuses 48 (2018) 167–174

STEC-HUS by age



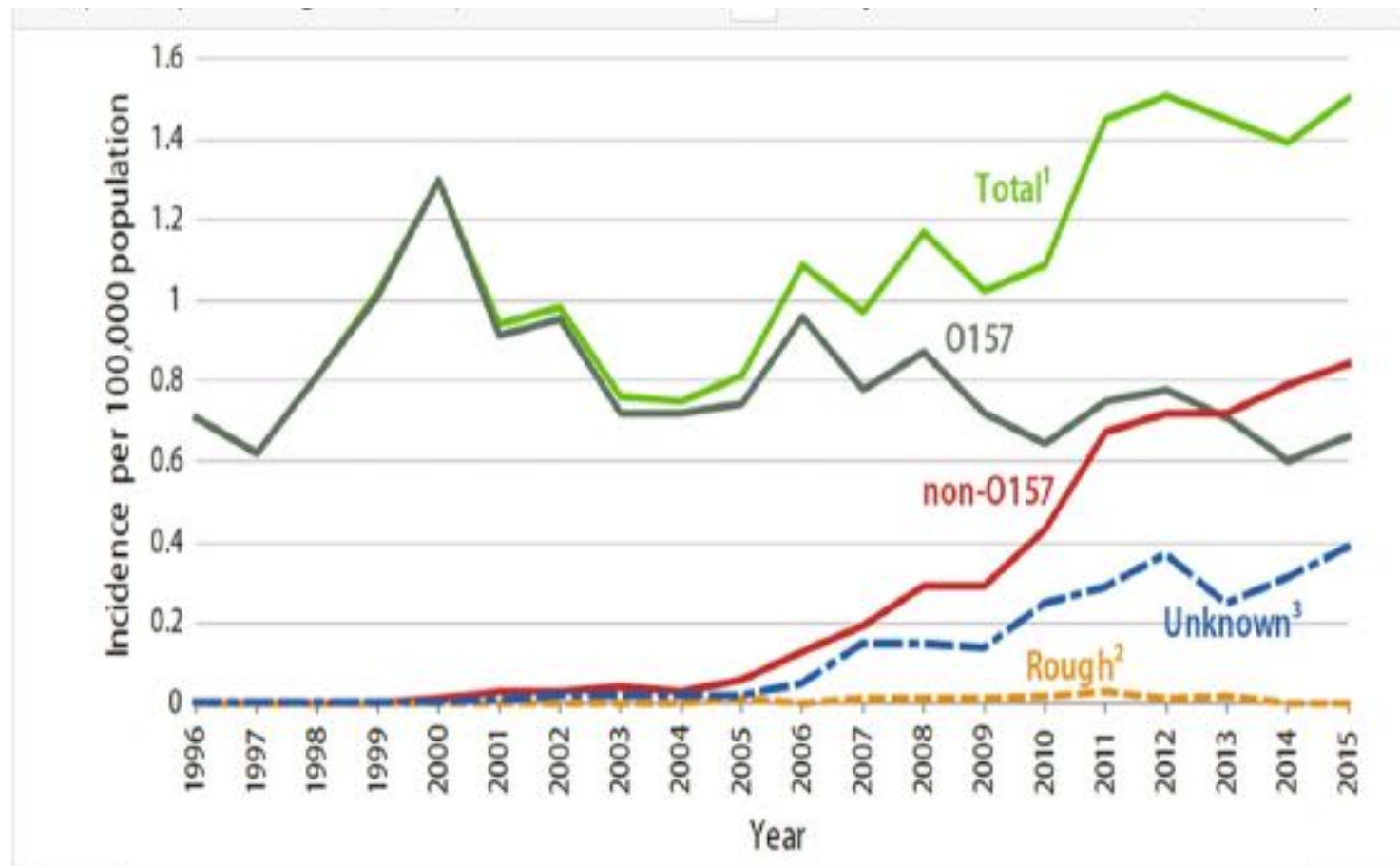


E-Coli serogroups and HUS

Escherichia coli O157:H7

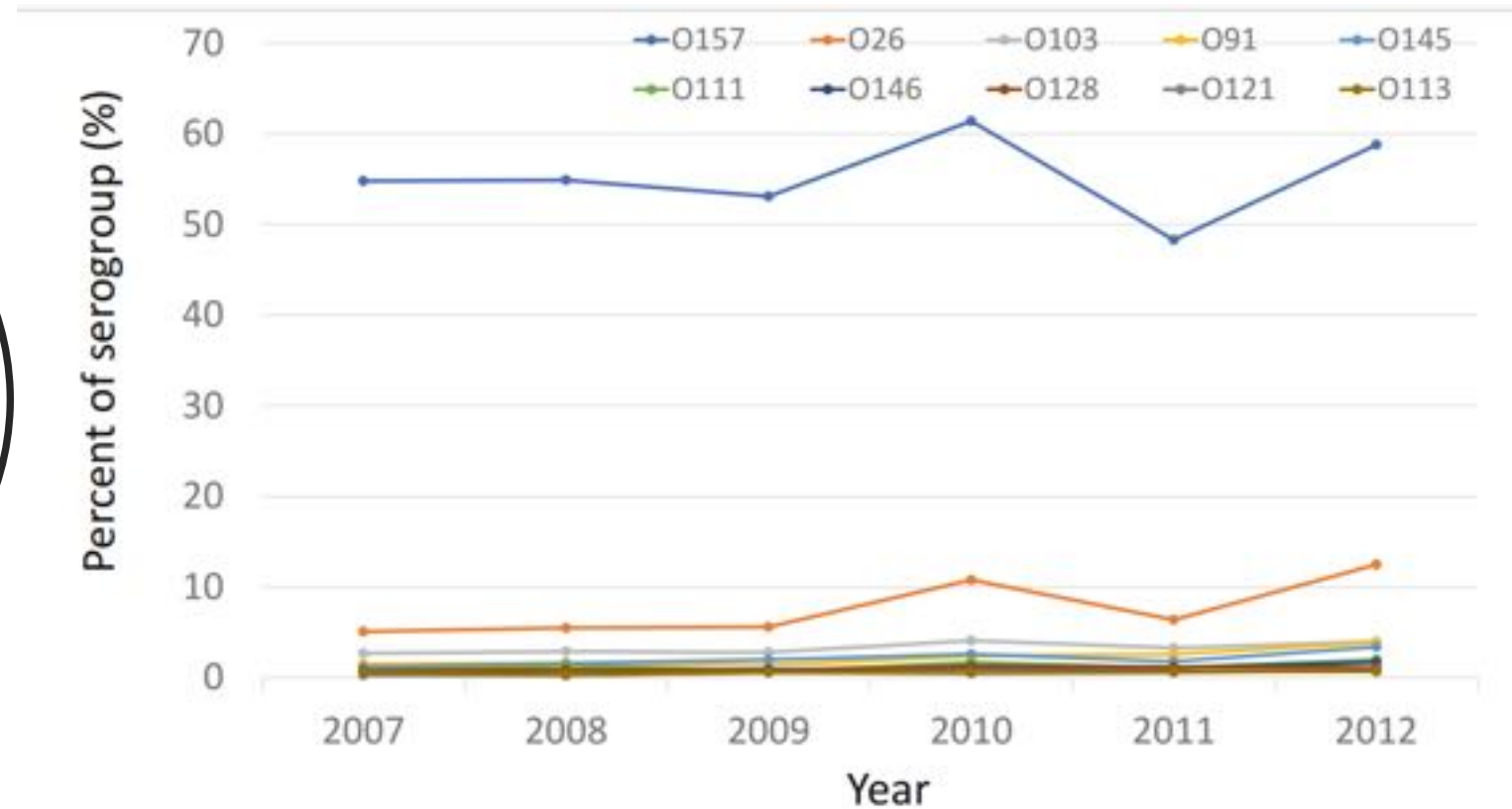
Incidence of STEC Infection by serogroup in USA

(CDC report 2015)



Incidence of STEC infection by serogroup in EU-EEA countries

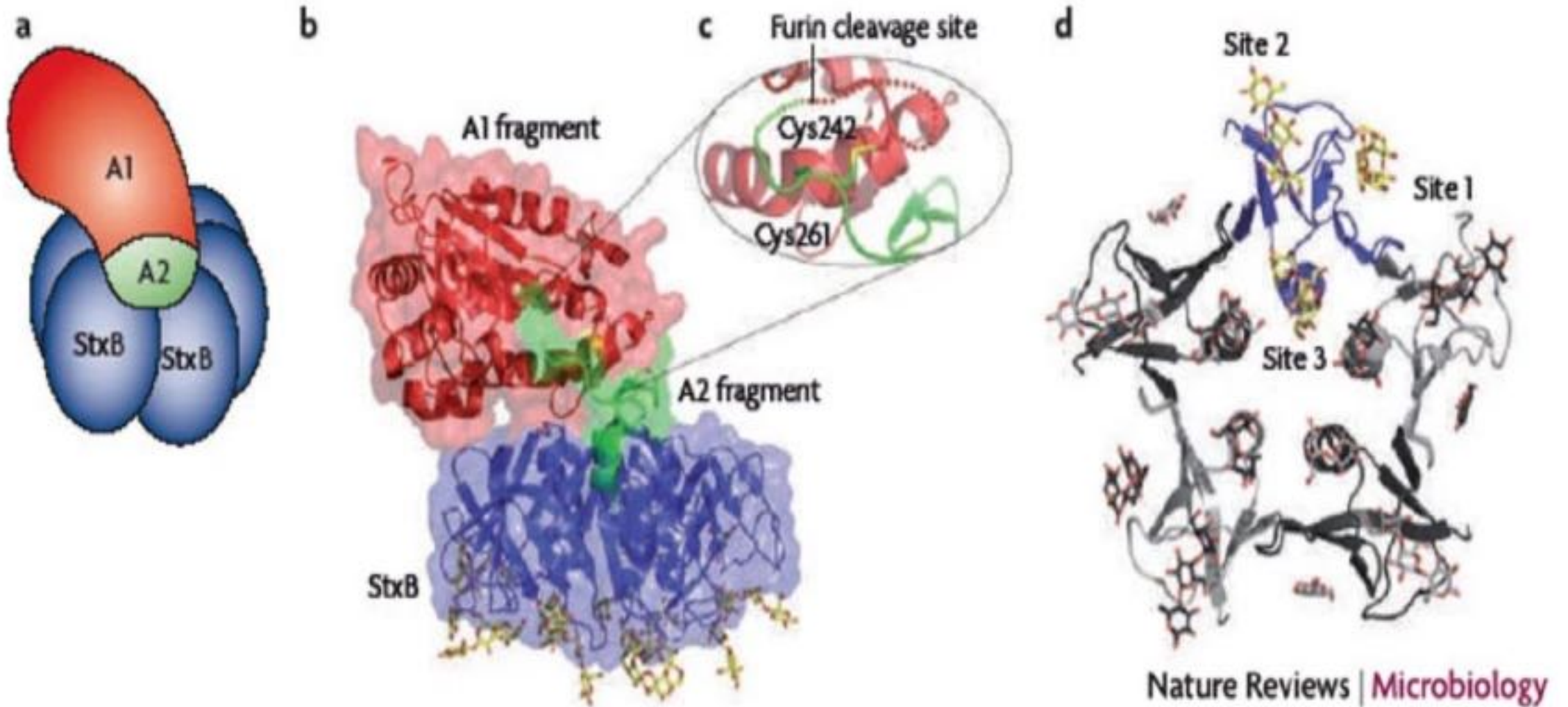
(ECDC report 2015)



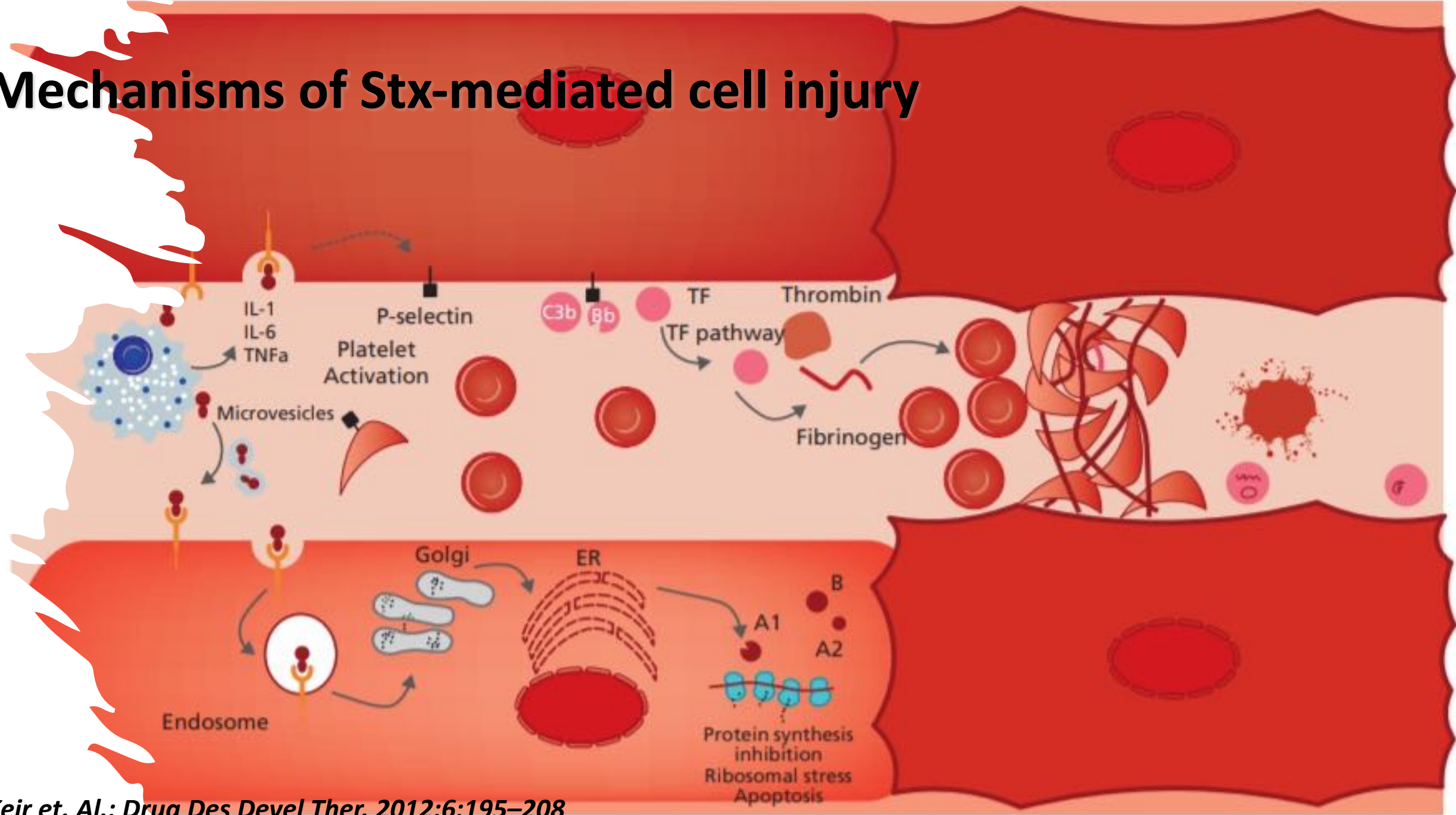
Pathophysiology of STEC-HUS

Shiga toxins

Shiga toxin structure



Mechanisms of Stx-mediated cell injury

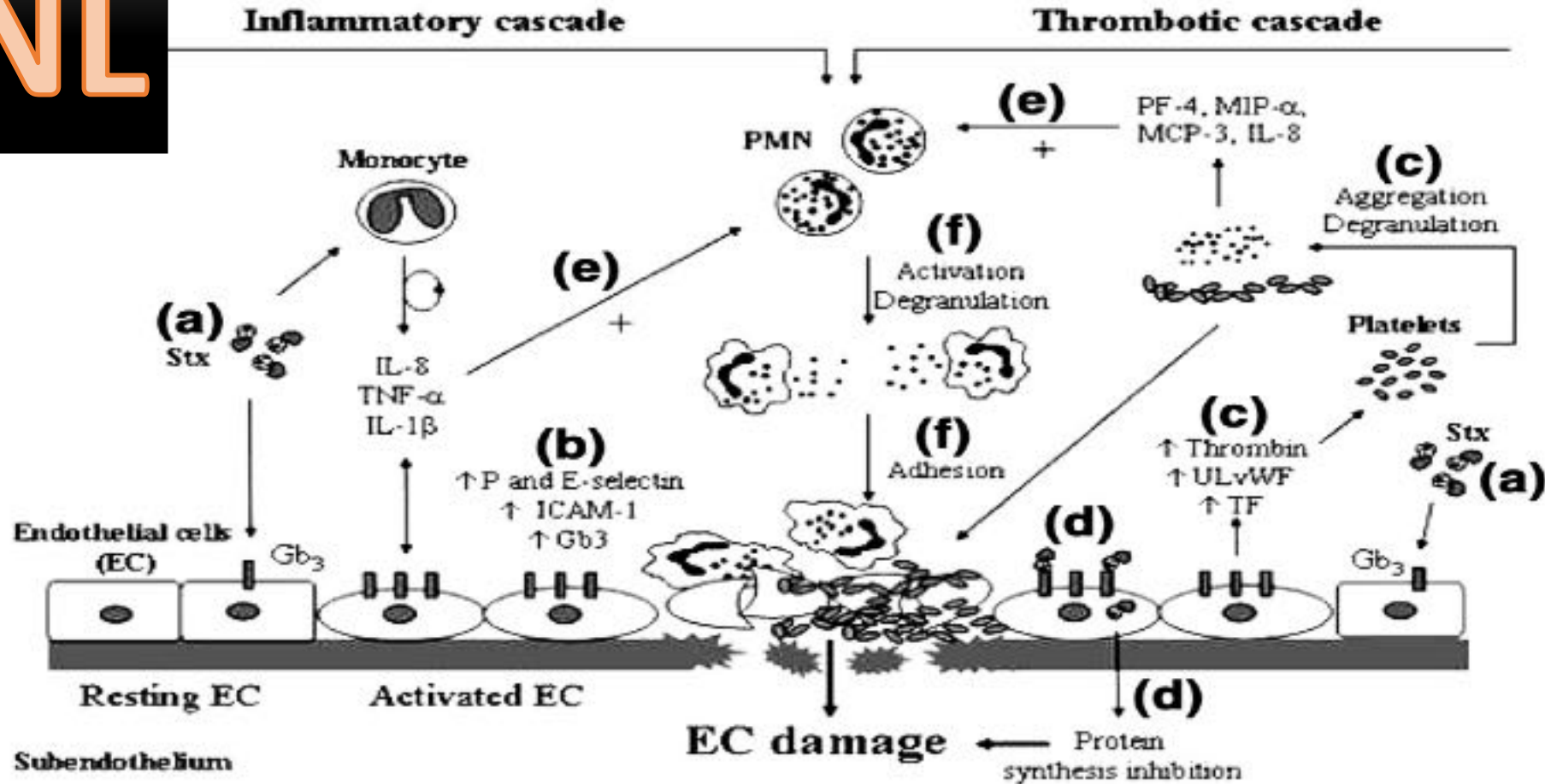


Pathophysiology of STEC-HUS

Inflammatory components

Pathophysiology of STEC-HUS

PMNL

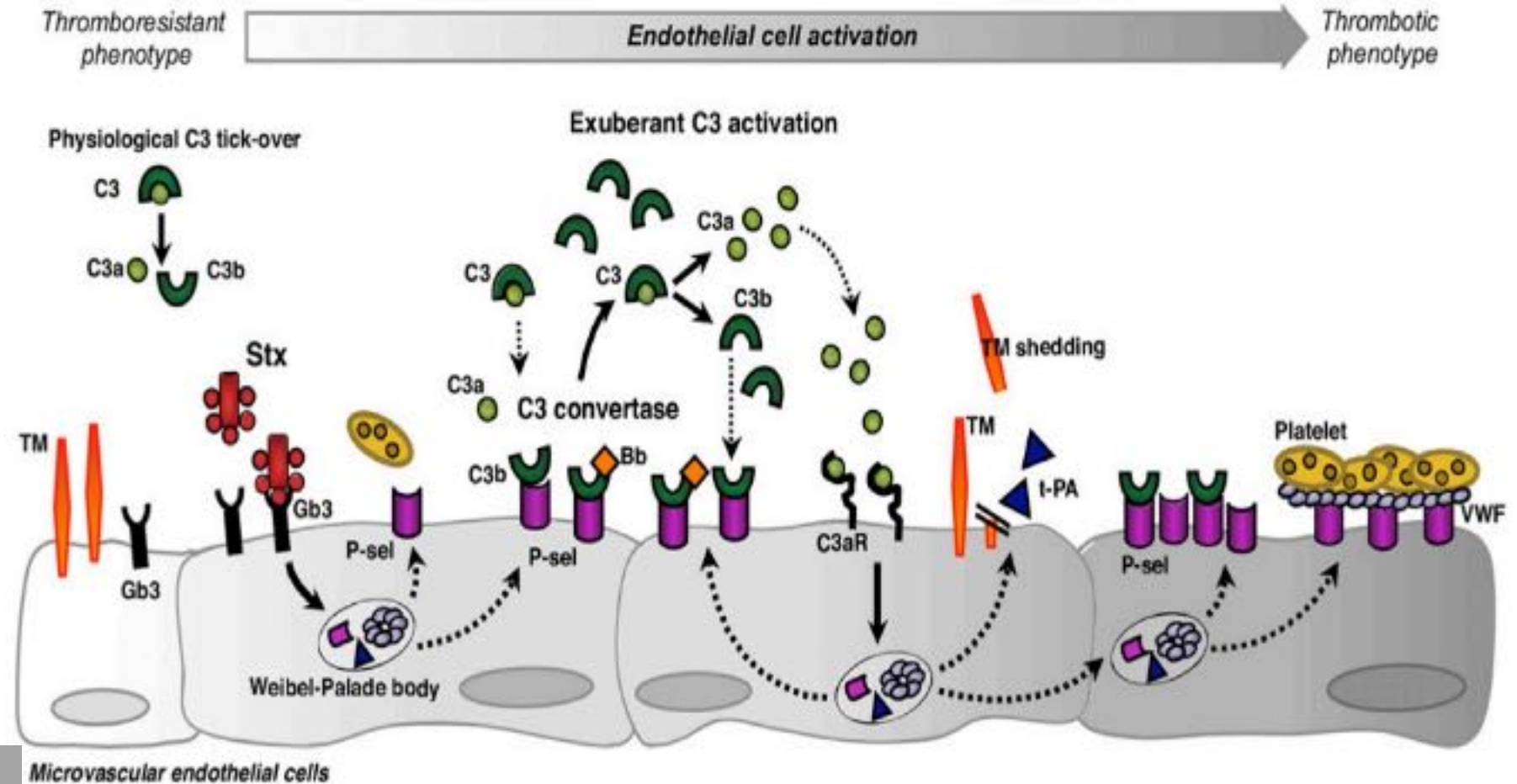


- Increased serum anti LPS Abs
- Low superoxide dismutase activity

Quoted from Exeni et.al.; *Pediatr Nephrol.* 2018;33:2057–71.

Pathophysiology of STEC-HUS

CAP



- Low serum C3 levels
- Increased factor Bb
- Increased soluble membrane attack complex (SC5b-9)

Quoted from Exeni et al.; *Pediatr Nephrol.* 2018;33:2057–71.

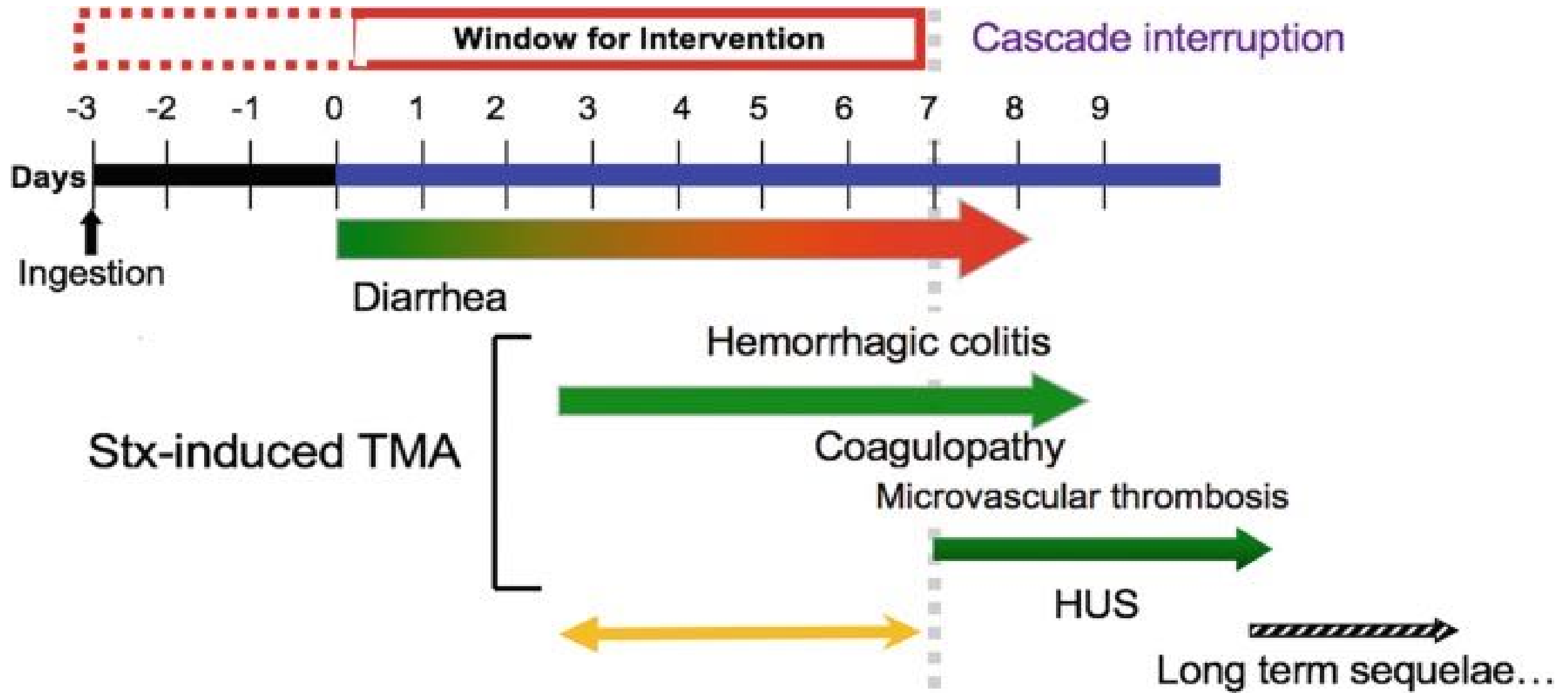
Pathophysiology of STEC-HUS

CAP

Shiga toxins

PMNL

Clinical course of STEC-HUS





The diagnosis of STEC-HUS

1.



History-taking



Physical examination

Blood



Urine

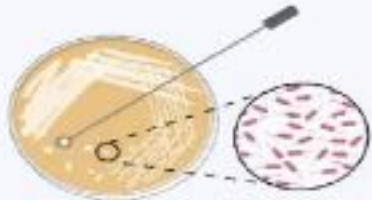


Feces



Sample collection

2.



STEC culture and isolation



Antibiotic sensitivity test



EIA test

Or



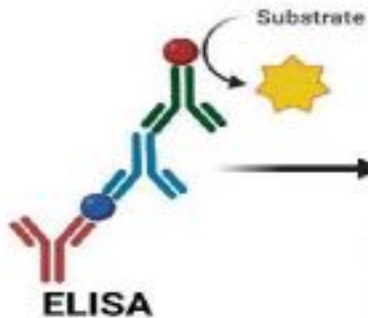
Real-time PCR

Or



MALDI-TOF-MS

3.



ELISA

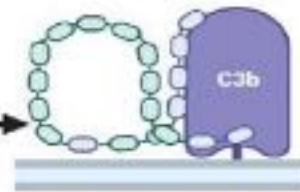
Substrate



anemia
thrombocytopenia
abnormal renal function
hypocomplementemia



proteinuria
hematuria
cylindruria



Complement activation
monitoring

If necessary



Next-generation sequencing

Genetic
mutations

STEC-HUS therapeutic targets.

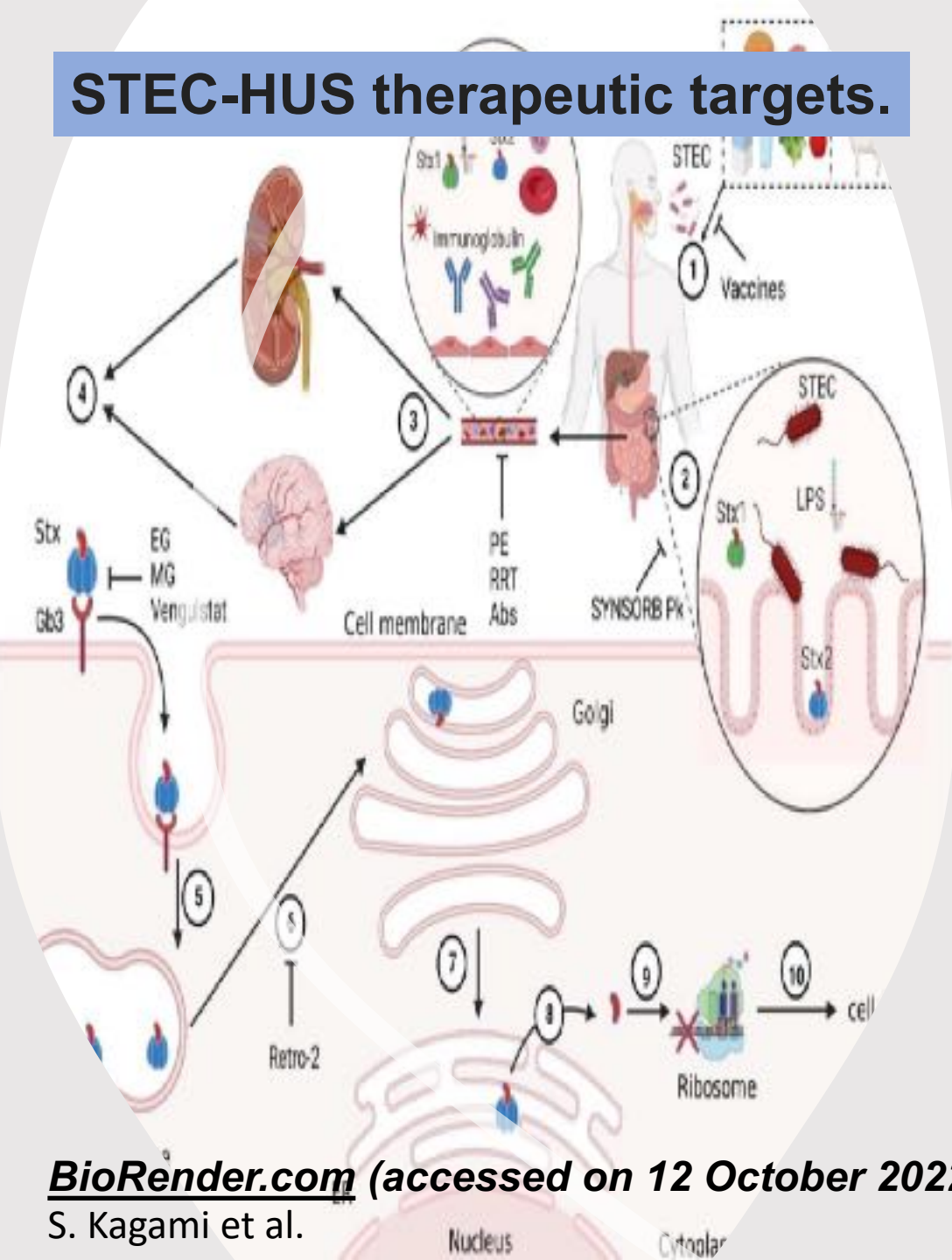


Table 3 Summary of developed interventions based on mechanisms (first line of table) for HUS treatment. Summarized from review Muhlen et al. 2020

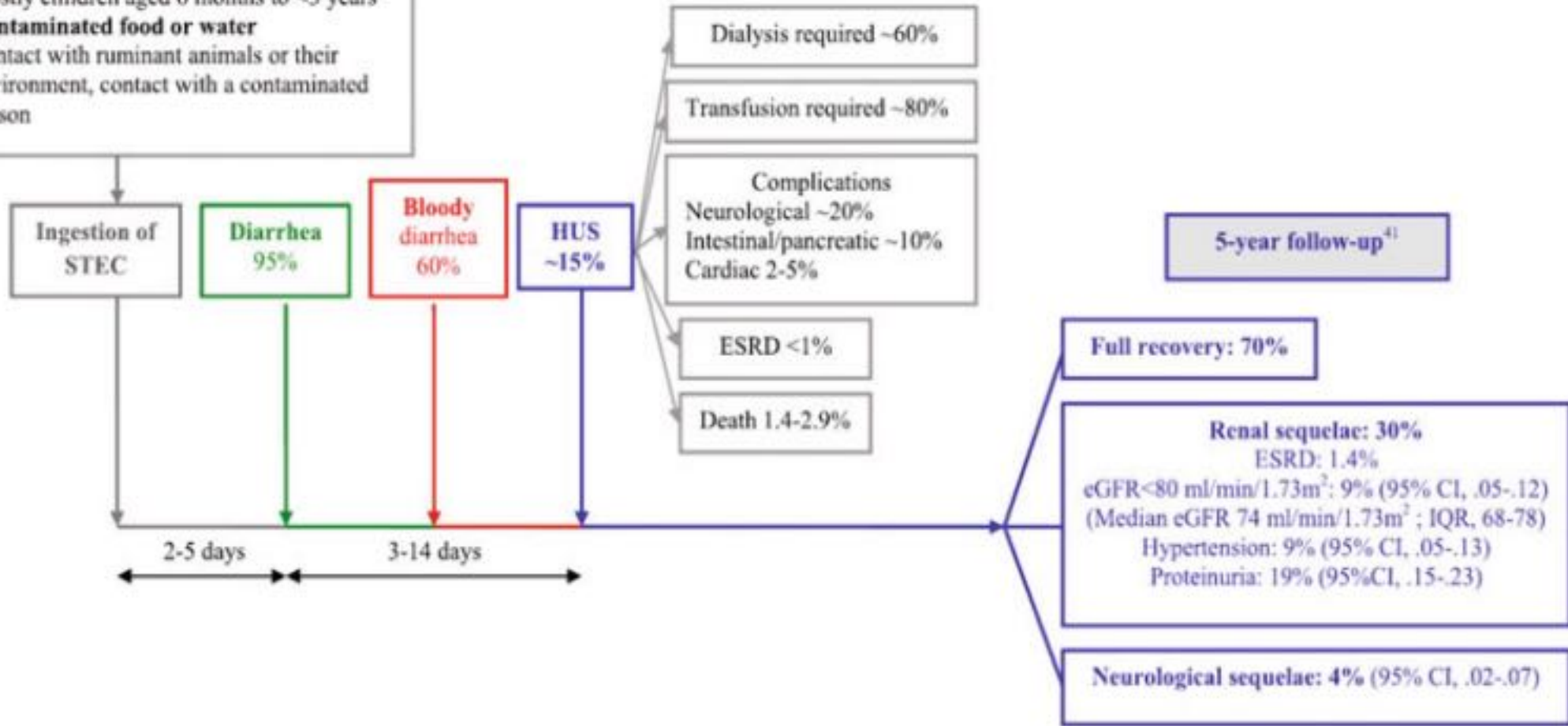
Shiga toxin binding	Scavenging Shiga toxin mimicking GB3 receptor	Intracellular interference with Stx	Inhibitors	Natural products	Inflammation/immunomodulation	Antibiotics
Oral bovine colostrum ^a	Synsorb Pk ^b	Chloroquine ^c	Pyocins ^c	White carob tree ^a	Eculizumab ^{a,b}	
Recombinant antibodies in plants for cattle feed (elimination from reservoir) ^c	Starfish/Daisy carbohydrate ligands, Super Twig (carbosilan) ^c	Retro1,2 Ac-PPP-tet, TVP ^c	Phages ^c	Ziziphus mistol extract ^c	Steroids ^a	
Humanized Stx targeting antibodies like Urtoxazumab ^c , 13C4,11E10 Stx targeting camelid antibodies ^c	Neutralizing peptides binding to GB3 ^c			Elagitannin ^c	IVIg ^a	
	Oral administered bacteria expressing GB3 ^c					
	Nanoparticles displaying Stx ligands ^c					
	GB3 expression inhibitors ^c					

BioRender.com (accessed on 12 October 2022)

S. Kagami et al.

STEC-HUS in children

Mostly children aged 6 months to <3 years
Contaminated food or water
Contact with ruminant animals or their environment, contact with a contaminated person



Outcome of STEC-HUS

SD1-HUS

SD1- HUS

500 cases

Review > [Trans R Soc Trop Med Hyg. 2012 Jul;106\(7\):395-9. doi: 10.1016/j.trstmh.2012.04.001.](#)
Epub 2012 May 10.

Haemolytic uraemic syndrome during shigellosis

Thomas Butler ¹

Affiliations + expand

PMID: 22579556 DOI: 10.1016/j.trstmh.2012.04.001

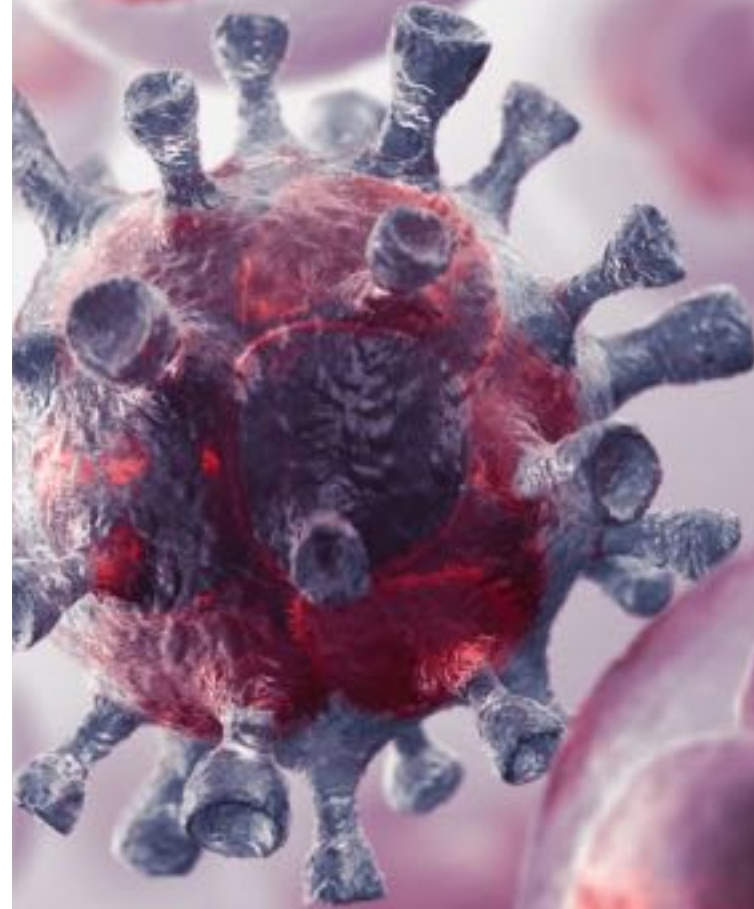
Abstract

Haemolytic uraemic syndrome (HUS), which is comprised of the triad of haemolytic anemia, thrombocytopenia and renal insufficiency, occurs in about 13% of dysenteric patients with shigellosis due to *Shigella dysenteriae* type 1 (SD1) infections, who are mostly children less than five years old in Africa and Asia. With a case-fatality rate of about 36%, it is the leading cause of death in SD1 outbreaks. Research suggests that Shiga toxin and lipopolysaccharide from the causative bacteria play roles in pathogenesis. The risk of HUS is increased when inappropriate antimicrobial drugs, against which infecting bacteria are resistant, are used or when any antimicrobial drug is given more than four days after the start of diarrhoea. To prevent HUS, it is advised to initiate an appropriate drug early and to consider withholding antimicrobial therapy in patients presenting more than four days after the onset of diarrhoea.

- **13% of dysenteric patients with shigellosis due to *Shigella dysenteriae* type 1 (SD1) infections develop HUS.**
- **Mostly children less than five years old.**
- **HUS develops 4-17 days after the onset of bloody diarrhea.**
- **The risk of HUS is increased with delay in the start of appropriate antimicrobial drugs.**
- **Shiga toxin and lipopolysaccharide play roles in pathogenesis.**
- **Mortality rate is 36%.**

Infection - Associated HUS Classification

- **Shiga-toxin producing E-Coli (STEC)**
- **Streptococcal pneumoniae**
- **Others:**
 - ❖ **Shigella**
 - ❖ **Viral Infection: Influenza, HIV, COVID-19.....**



Sp-HUS



Log in



Fischer, K.; Poschmann, A.; Oster, H. Severe pneumonia with hemolysis cause



Search

Advanced Create alert Create RSS

User Guide

Found 1 result for an alternative search. Your search for Fischer, K.; Poschmann, A.; O... retrieved no results.

Save Email Send to Display options

Monatsschr Kinderheilkd (1902). 1971 Jan;119(1):2-8.

[Severe pneumonia with hemolysis caused by neuraminidase. Detection of cryptantigens by indirect immunofluorescent technic]

ACTIONS

Cite Collections

[Article in German] K Fischer, A Poschmann, H Oster

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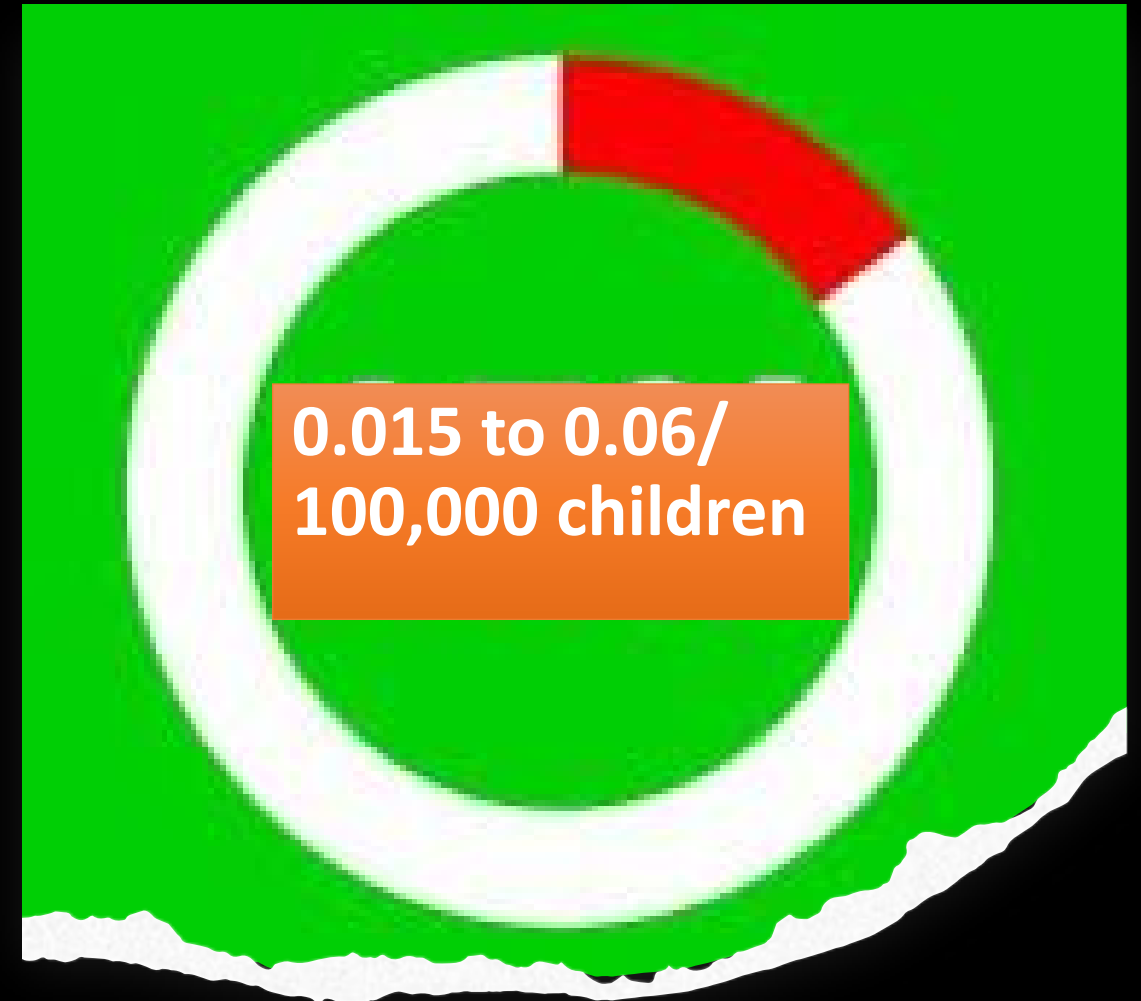


PMID: 4926219



Sp-HUS in children

Incidence of HUS in
Streptococcal
pneumoniae infections.

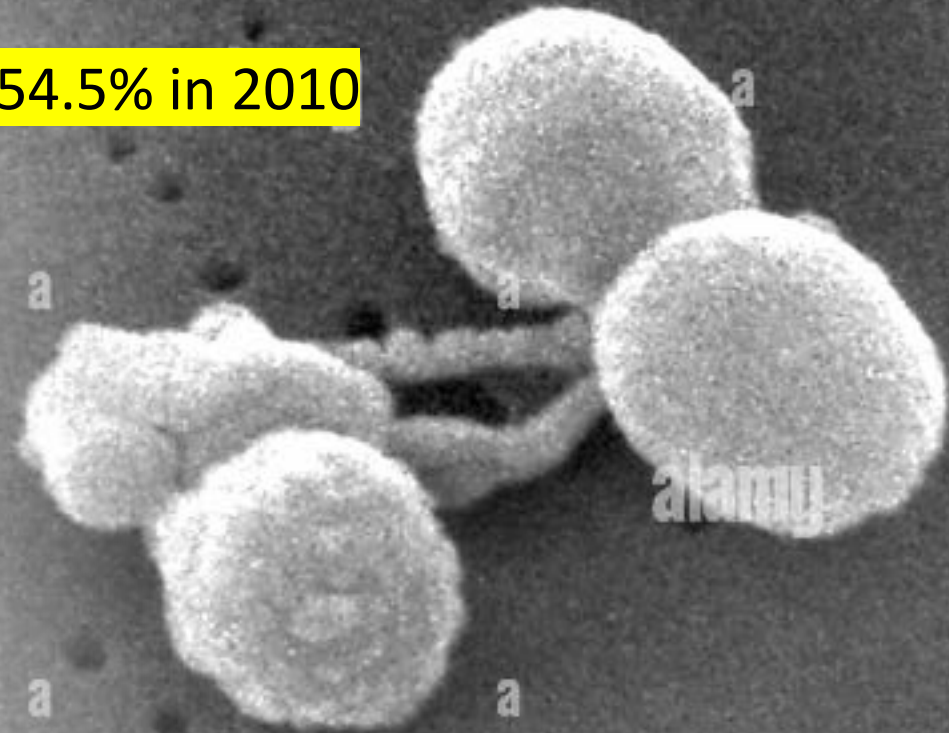


Copelovitch & Kaplan, Pediatr. Nephrol.
2008, 23, 1951–1956.

Streptococcal pneumoniae serogroups and Sp-HUS

19A

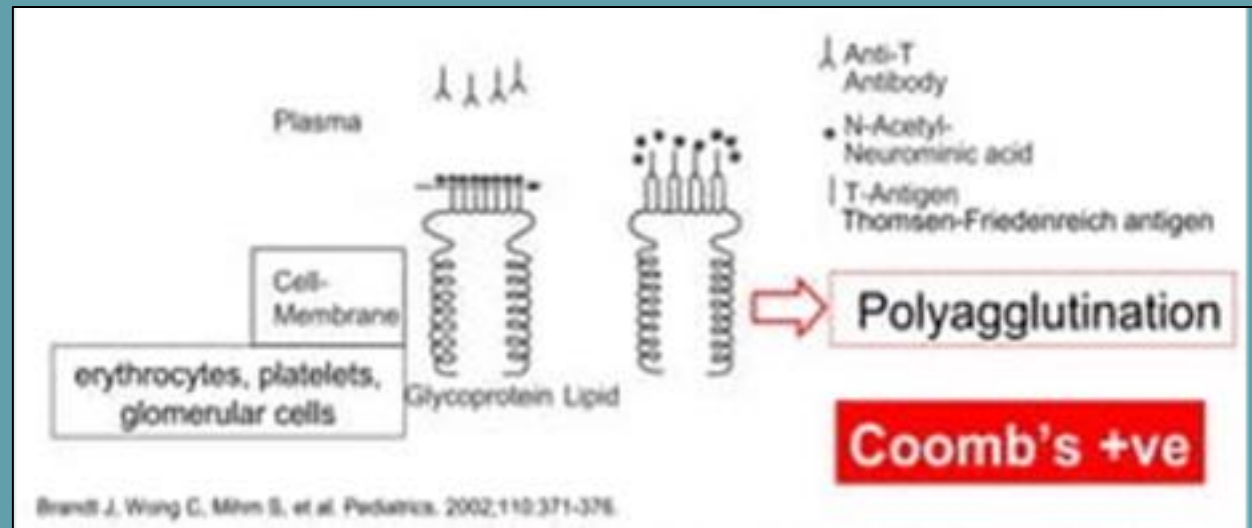
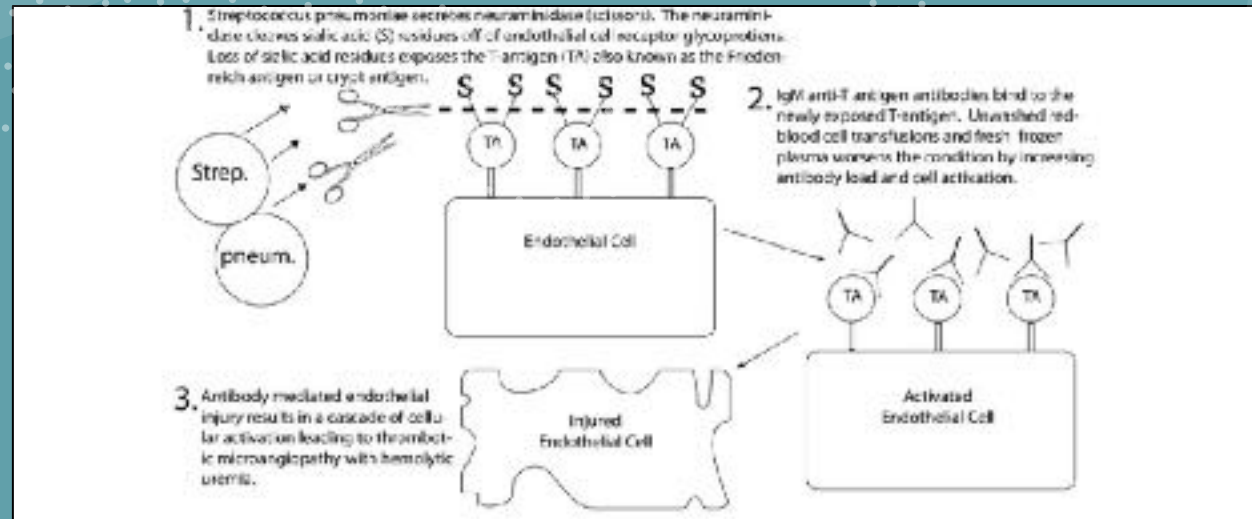
54.5% in 2010



Pathophysiology of Sp-HUS

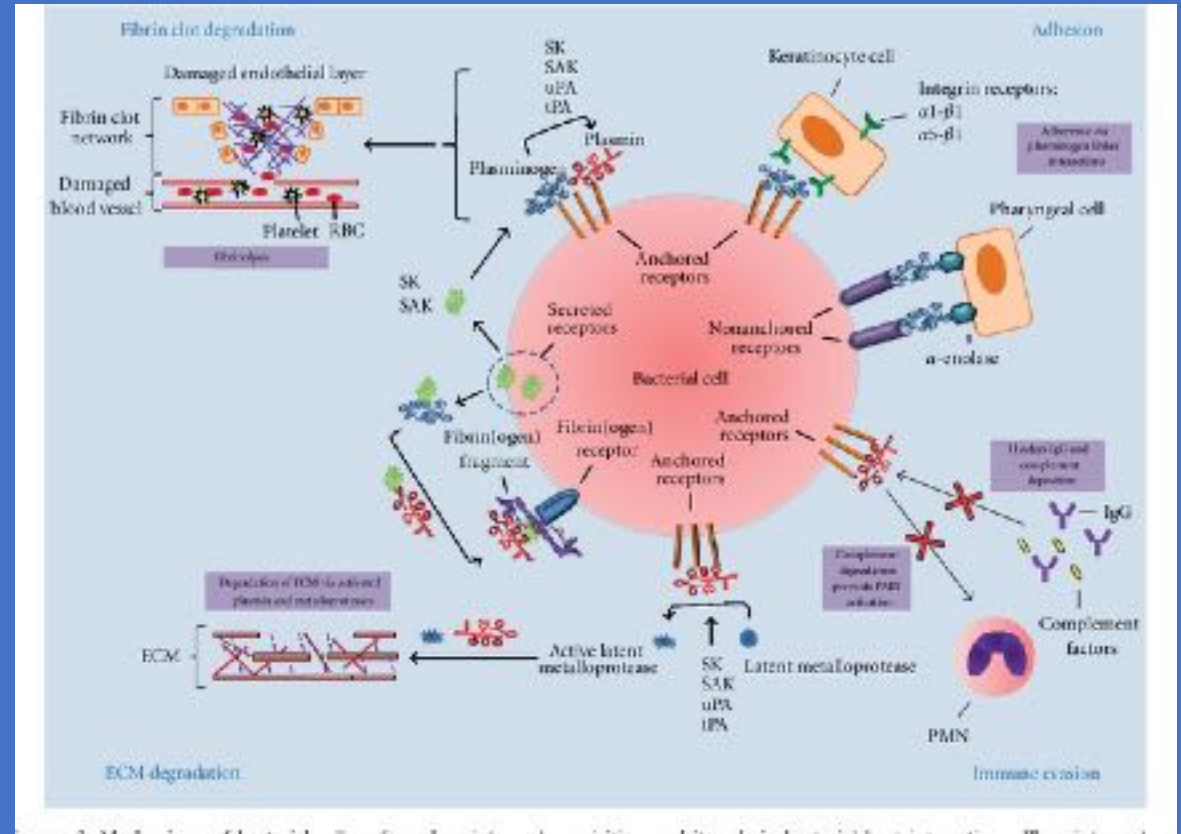
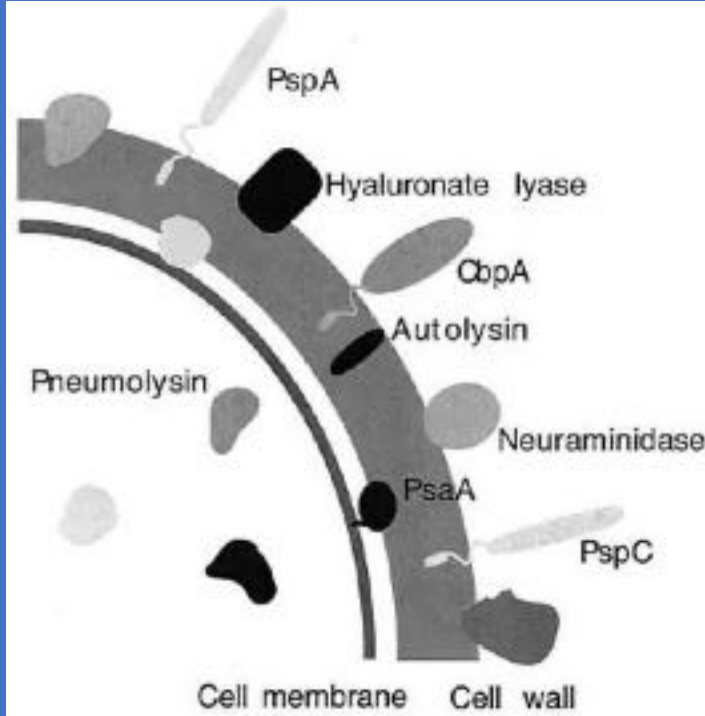
Neuraminidase

Mechanisms of neuraminidase-mediated cell injury



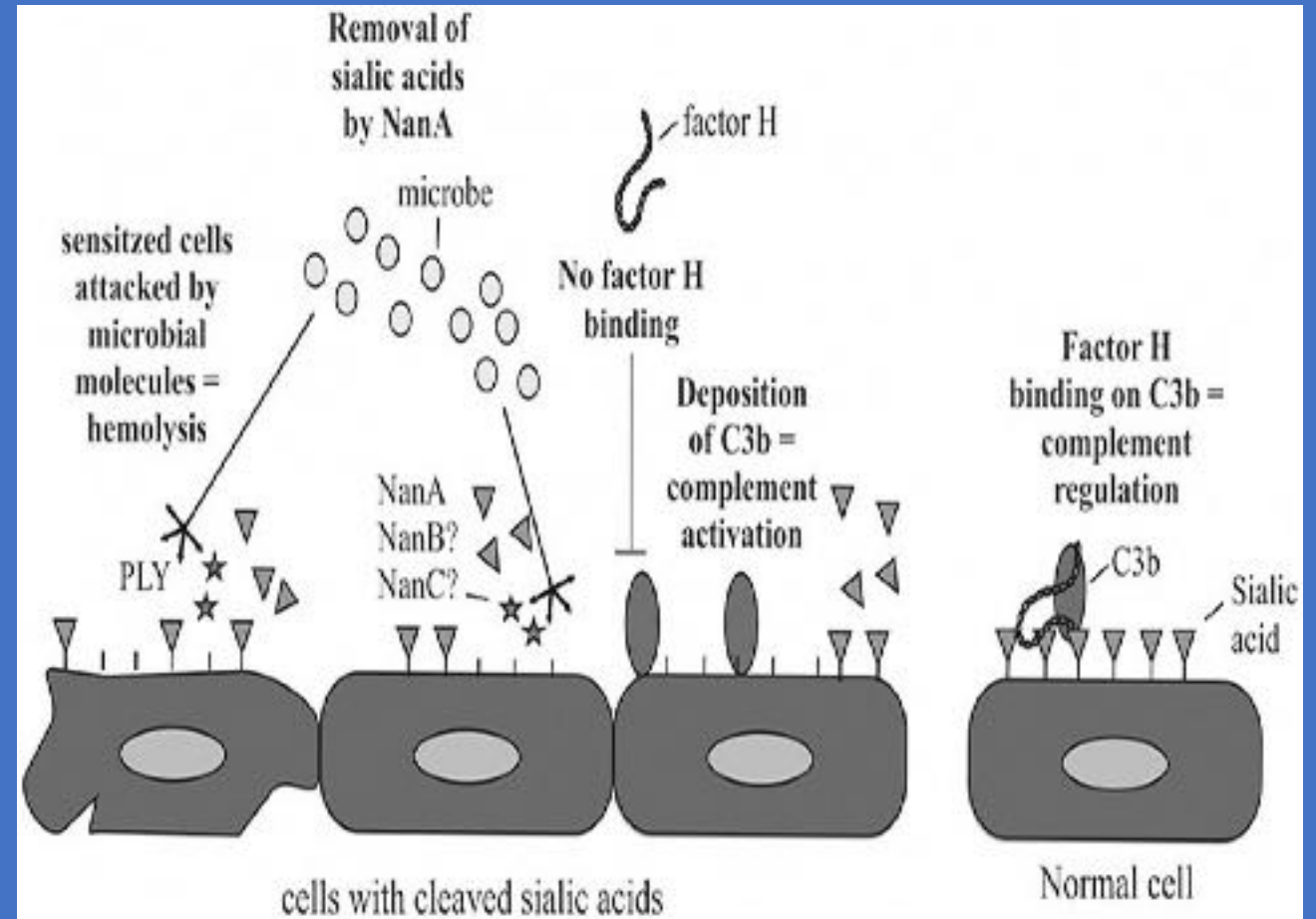
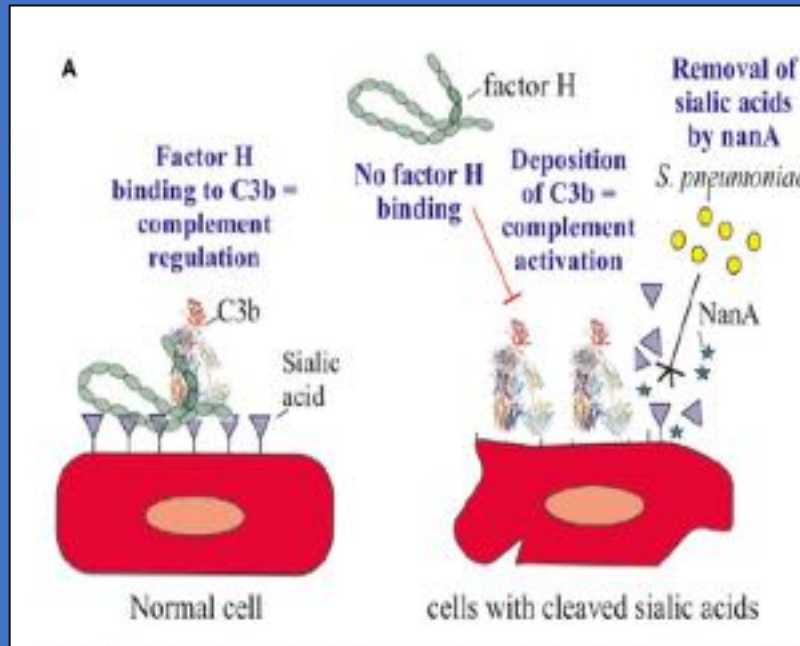
PspC

Pathophysiology of Sp-HUS



Factor H

Pathophysiology of Sp-HUS



Complement dysregulation

Pathophysiology of Sp-HUS

Case Reports > Med Hypotheses. 2013 Sep;81(3):400-3. doi: 10.1016/j.mehy.2013.05.030.

Epub 2013 Jun 17.

Does dysregulated complement activation contribute to haemolytic uraemic syndrome secondary to *Streptococcus pneumoniae*?

Rodney D Gilbert¹, Arvind Nagra, Mushfequr R Haq

- 3/5 patients had mutations and/or risk haplotypes in the complement genes.

Case Reports > Int J Med Microbiol. 2018 Dec;308(8):1096-1104. doi: 10.1016/j.ijmm.2018.08.007.

Epub 2018 Aug 29.

Complement depletion and Coombs positivity in pneumococcal hemolytic uremic syndrome (pnHUS). Case series and plea to revisit an old pathogenetic concept

Martin Bitzan¹, Omar AlKandari², Blair Whittemore³, Xiao-Ling Yin⁴

- Activation of the classic pathway secondary to exposing T-antigens on different cells.
- Activation of the alternative pathway secondary to decreased factor H binding to endothelial cells.

Pathophysiology of Sp-HUS

PspC

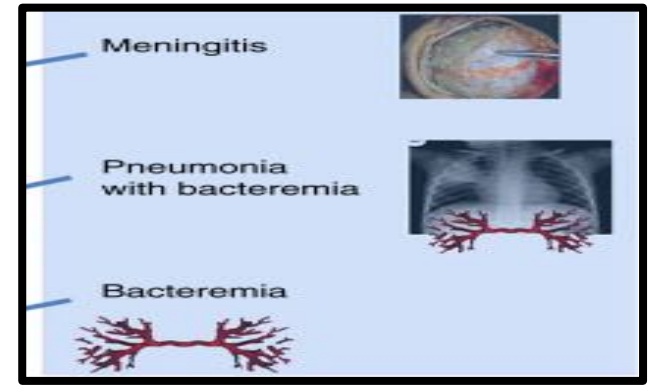
Factor H

Neuraminidase

Complement
dysregulation

HUS

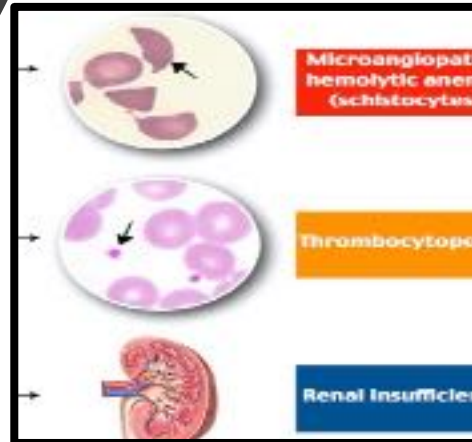
DIC



➤ Fluorescein-labelled peanut lectin (Arachis hypogaea) agglutination test.

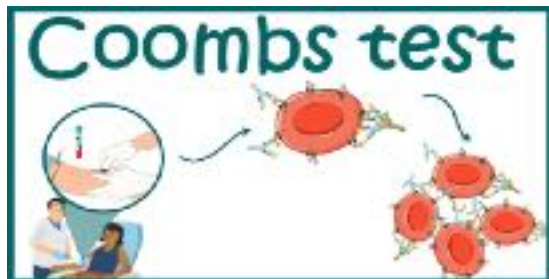
Sensitivity: 100%

Specificity: 48%



Invasive Streptococcus pneumoniae infection

- The presence of pneumococcal growth.
- Antigen detection.
- Positive PCR from blood or physiologically sterile biological fluid.



Diagnosis of Sp-HUS

Copelovitch et.al.; Pediatrics 2010, 125, e174–e181.
Cody & Dixon; Pediatr. Clin. N. Am. 2019, 66, 235–246.

Definite case

- Presence of HUS.
- Presence of invasive Streptococcal pneumoniae infection.
- Absence of DIC.

Probable case

- Presence of HUS.
- Presence of invasive Streptococcal pneumoniae infection.
- Presence of DIC.
- Presence of T-Antigen activation.

Possible case

- Presence of HUS.
- Presence of pneumonia, meningitis or other evidence of invasive infection without identification of specific organism.
- Presence or absence of DIC.
- Presence of T-Antigen activation.

Clinical course of Sp-HUS

- **90%** have complicated pneumonia (50% need ventilation).
- **60%** have meningitis.
- **30%** have bacteremia (**Overlap with some of the symptoms of multi-organ failure seen with pneumococcal sepsis**).
- **25%** develop extra-renal complications (Hepatitis, cholecystitis, pancreatitis, hearing deficit, and limb ischemia).

HUS usually develops 3 to 13 days following the onset of IPD.



IPD

Management of Sp-HUS



- Eradication of *Streptococcus pneumoniae* infection
Vancomycin and an extended-spectrum cephalosporin.
- Management of renal injuries
RRT (HD or PD) must be initiated early in patients with severe kidney injury.
- Management of hematologic injuries
Washed red blood cells or platelets must be used.
- Plasma exchange
ASFA reports insufficient evidence to establish the efficacy or the risk/benefit ratio.
- Eculizumab
There may be a role for use in severe cases especially those with reduced C3.

Outcome of Sp-HUS



Sp-HUS patients have, compared to STEC-HUS patients, more complicated clinical course, longer periods of oliguria and more days of intensive care.

- **Proteinuria: 20-28%**
- **Hypertension: 19-30%**
- **ESRD: 10%**
- **Death: 11-16%**

Infection and aHUS

Triggers in Patients with Atypical Hemolytic Uremic Syndrome: An Observational Cohort Study Using a US Claims Database

Ioannis Tomazos, Katharina Garlo, Yan Wang, Peter Chen, Jeffrey Laurence, MD



Blood (2020) 136 (Supplement 1): 30–31
<https://doi.org/10.1182/blood-2020-136278>

450 aHUS patients

Introduction

Atypical hemolytic uremic syndrome (aHUS) is a rare systemic thrombotic microangiopathy (TMA) characterized by hemolytic anemia, thrombocytopenia and end organ damage, predominately in the kidneys. Disease emergence is often unpredictable, occurring with or without an identified trigger or in the presence of a concomitant clinical condition. The persistence of TMA and long-term disease manifestations are also not well described. The aims of this study were to characterize the frequency and distribution of potential

Potential triggering condition reported at 0–3 months prior to the date of first aHUS/TMA diagnosis	Number of patients, n (%) (N = 147)
Infections	92 (63)
Upper respiratory infection	49 (33)
Bacterial infection	26 (18)
HIV	3 (2)
Viral infection	8 (5)
Gastroenteritis	27 (18)
Chemotherapy	28 (19)
Systemic lupus erythematosus (all)	26 (18)
Lupus nephritis	1 (1)
Excluding lupus nephritis	25 (17)
Pregnancy-related triggers (all)	10 (7)
Postpartum	5 (3)
Pre-eclampsia	3 (2)
Pregnancy	10 (7)
	1 (1)



Triggers in atypical HUS

Influenza-associated thrombotic microangiopathies

Martin Bitzan¹  · Jakub Zieg²

83%: Influenza A (55%: H1N1).
40%: RRT.

Median age: 15years.
83.3%: Complete.

Neuraminidase productivity.

Direct injury.

Activation of vascular endothelial cells and/or platelets.



87.3%: Complement gene mutations



Influenza infection is a trigger for the development of HUS in patients with CAP regulator protein haploinsufficiency.

Sepsis/DIC/HU
S

Sepsis/DIC/HUS

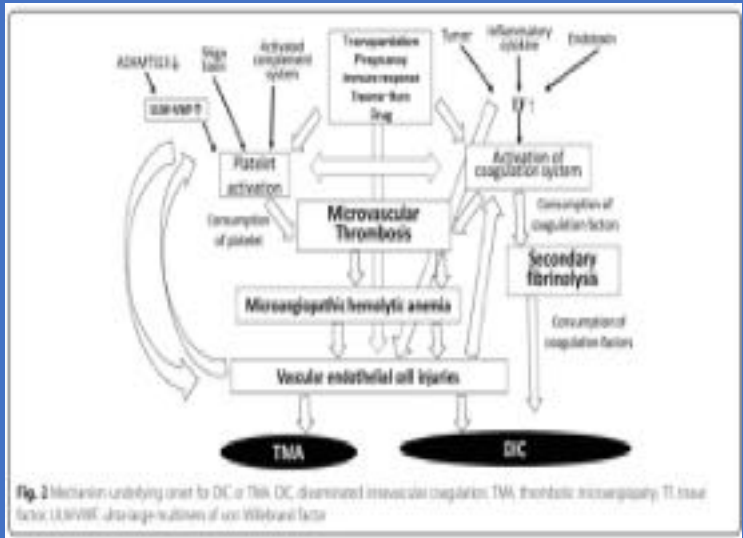
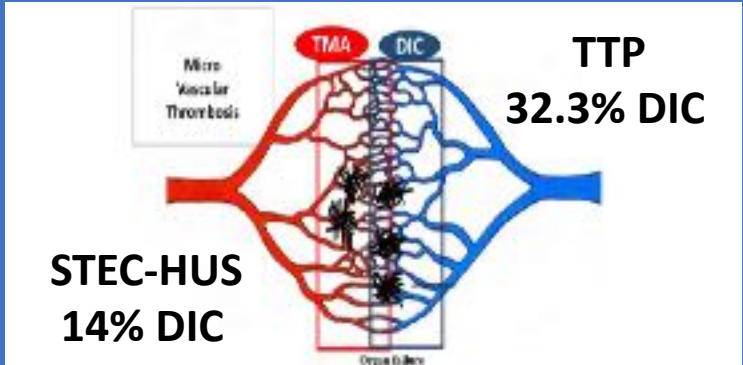
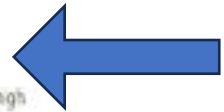


Table 3 Differences and similarities between TMA and DIC

	Severe DIC	Severe TMA		
Symptoms	Organ failure	Often (Lung, kidney, shock)	Usually (kidney, CNS)	
	Bleeding and bleeding tendency	Frequent	Frequent	
	Blood pressure	Low	High	
	Hematuria	Sometimes	Frequent	
	Anemia	Often	Usually	
Laboratory data	Platelet count	Low	Low	
	Hemoglobin	Often low	Low	
	Fibrin related markers	Markedly high	Slightly high	
	Prothrombin time	Often prolong	Normal	
	Anionion	Often low	Normal	
	Albumin	Often low	Normal	
	Creatinine	Often high	High	
	Total bilirubin, LDH	Often high	High	
	Treatments	Supportive therapy	Recommended	Recommended
		Blood transfusion (RBC, FFP)	Recommended	Recommended
Blood transfusion (PC)		Recommended	Not recommended	
Anticoagulant		Recommended (Japan)	Not mentioned	
PE/FFP		Not mentioned	Recommended	
Special treatment		AT, rTm (Japan)	Hemodialysis (HUS), Eculizumab (aHUS), Rituximab (TTP)	



- Infections are involved in more than 90% of HUS cases.
- The Shiga toxin producing Escherichia coli (STEC) is the most common.
- The Streptococcus pneumoniae-associated HUS is reported in 4–5% of total HUS.
- Direct endothelial cell injury by products of the infectious agents play a central role in the pathophysiology of infection-related HUS.
- Acquired complement dysregulation secondary to infection may be involved in infection-related HUS.
- Infections may trigger the disease in aHUS patients with heterozygous gene mutations.





LettrLabs

THANK
YOU